



VIGNOLA GOURMET
— CATERING & MARKET —

WASHINGTON EPISCOPAL SCHOOL

HOT LUNCH MENU

FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREAKFAST FOR LUNCH Buttermilk Pancakes Breakfast Sausage Syrup Fresh Fruit / Dessert
4 PASTA Butter or Meat Sauce Parmesan Cheese Fresh Baked Bread Fresh Fruit / Dessert	5 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	6 PIZZA DAY	7 CHILI DOGS All beef Nathan's Chili and Cheese or French Bread Pizza Fresh Fruit / Dessert	8 SUBS Meatball & Cheese or Caprese Potato Chips Fresh Fruit / Dessert
11 PASTA Butter or Tomato Sauce Parmesan Cheese Fresh Baked Bread Fresh Fruit / Dessert	12 CHICKEN POT PIE or Veggie Caesar Wrap Sweet Potato Wedges Fresh Fruit / Dessert	13 TACOS Beef or Veggies Crispy Shells Rice Fresh Fruit / Dessert	14 GRILLED CHEESE on Whole Wheat Bread Creamy Tomato Soup Potato Chips Fresh Fruit / Dessert	15 half day
18 no school	19 BBQ Pulled Pork on Soft Roll or Grilled Cheese French Fries & Coleslaw Fresh Fruit / Dessert	20 CHICKEN WINGS with Dipping Sauces or Roast Veggie Sub Mashed Potatoes Fresh Fruit / Dessert	21 PASTA Cheese Ravioli with Butter or Tomato Sauce Fresh Baked Bread Fresh Fruit / Dessert	22 GYRO Chicken or Falafel over Pita Hummus & Tzatziki Fresh Fruit / Dessert
25 PASTA Spaghetti and Meatballs Fresh Baked Bread Parmesan Cheese Fresh Fruit / Dessert	26 TACOS Chicken or Veggies Flour Tortilla Rice Fresh Fruit / Dessert	27 BURGERS Beef, Cheese or Veggie Potato Chips Fresh Fruit / Dessert	28 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	