



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# WASHINGTON EPISCOPAL SCHOOL

## HOT LUNCH MENU

**JANUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <b>CHRISTMAS BREAK</b>	2 <b>CHRISTMAS BREAK</b>	3 <b>CHRISTMAS BREAK</b>	4 <b>CHRISTMAS BREAK</b>
7 FOCACCIA Chicken Melt or Caprese on Homemade Focaccia Fresh Fruit / Dessert	8 TACOS Chicken or Veggies Flour Tortilla Rice Fresh Fruit / Dessert	9 <b>PIZZA DAY</b>	10 PASTA Baked Ziti Parmesan Cheese Fresh Baked Bread Fresh Fruit / Dessert	11 GRILLED CHEESE on Whole Wheat Bread Creamy Tomato Soup Potato Chips Fresh Fruit / Dessert
14 BURGERS Beef, Cheese or Veggie Potato Chips Fresh Fruit / Dessert	15 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	16 PASTA Butter or Tomato Sauce Parmesan Cheese Fresh Baked Bread Fresh Fruit / Dessert	17 TACOS Beef or Veggies Crispy Shells Rice Fresh Fruit / Dessert	18 <b>half day</b>
21 <b>no school</b>	22 SLOPPY JOES or Grilled Cheese Potato Chips Fresh Fruit / Dessert	23 CHILI DOGS All beef Nathan's Chili and Cheese or French Bread Pizza Fresh Fruit / Dessert	24 PASTA Butter or Chicken Marinara Sauce Fresh Baked Bread Fresh Fruit / Dessert	25 BREAKFAST FOR LUNCH Buttermilk Pancakes Breakfast Sausage Syrup Fresh Fruit / Dessert
28 PASTA Spaghetti and Meatballs Fresh Baked Bread Parmesan Cheese Fresh Fruit / Dessert	29 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	30 FISH & CHIPS Cajun Battered Tenders Seasoned Fries Tartar Sauce Fresh Fruit / Dessert	31 FAJITAS Chicken or Veggie Rice Fixings Fresh Fruit / Dessert	